

Bernhard Trenkle, Dipl.Psych., Dipl.Wi.-Ing.
Milton Erickson Institute Rottweil, Germany



President-Elect International Society of Hypnosis ISH
BOD of Milton Erickson Foundation Phoenix since 1999
Director of the Milton Erickson Institute Rottweil Germany.
Past President of Milton Erickson Gesellschaft M.E.G. (1996-2003).
1999 Lifetime Achievement Award of the Milton Erickson Foundation.
2012 Milton Erickson Award M.E.G.
2012 Pierre Janet Award for Clinical Excellence ISH (International Society of Hypnosis)
2016 Nezdindlovu Award Milton Erickson Institute South Africa MEISA for advancing hypnosis on the African Continent.

2017 Lifetime Achievement Award of Chinese Hypnosis Association

1977-1979 Assistant in Psychotherapy Research Project Psychosomatic Department University Clinic Heidelberg (Prof. W. Bräutigam, Prof. M.v.Rad)
1982-1986 Department of Speech Pathology University Clinic Heidelberg
1986 – today Director of Milton Erickson Institute Rottweil, Germany
Teaching Hypnosis since 1983

Author of Handbook of Psychotherapy a bestselling joke book in Germany which is translated in English, Russian, Italian. Author or editor of more than 10 German language books. Editor of the German Editions of Collected Papers of Milton Erickson

Organizer of many congresses and workshops which have been attended by more than 40.000 people the last 35 years.

Organizer (with his Rottweil Team) of 19th International Hypnosis Congress 2012 in Bremen (2300 participants)

European Organizer (with Jeffrey Zeig) of the Evolution of Psychotherapy Conference 1994 in Hamburg Germany (6.000 participants).
Organizer of 8 child hypnosis conferences in Germany which have been attended by more than 9000 participants.

Dr. med. Said Moshref Dehkordy ,Germany



Specialist in Neurology, Psychiatry and Psychotherapy. Over project coordinator & director of “Psychosomatic medicine in Iran” ; President of International Association Razi for Medicine & Psychotherapy (Germany), Director of the Hypnosis Institute Siegen-Wittgenstein in Germany (Training in Hypnotherapy, Medical Hypnosis and Relaxation Therapy), Qualified for Hypnosis -training by the Medical Association in Siegen-Wittgenstein Germany

Karl L. Holtz, Dr.paed. Dr.phil.h.c., Dipl.-Psych
Heidelberg, Germany



He is psychologist and psychotherapist and works on hypnosystemic therapy in Pädagogischen Hochschule (University of Education) in Heidelberg

Maria Schnell, Dipl.-Psych.
Berlin, Germany



Psychotherapeutic qualifications in hypnotherapy (Milton Erickson Society, M.E.G.), systemic couple and family therapy and behavioral therapy et al. Established as a certified psychotherapist. Trainer at various psychotherapeutic institutes. Head of the M.E.G. Regional Office Berlin-ICHE (Institute for Clinical Hypnosis and Ego-State Therapy Berlin), www.ifhe-berlin.de

Martin Bohus, MD

Heidelberg, Germany



Dr. Martin Bohus is the Chairman in Psychosomatics and Psychotherapy department at University of Heidelberg , Director, Dept. of Psychosomatics and Psychotherapy, Central Institute of Mental Health, Mannheim.

He is interested in psychotherapy development and outcome research, psychopathology and treatment of affective dysregulation, pain perception in borderline personality disorders, emotional learning, dissociative features.

Awards:

2003: Established Investigator Award. Borderline Personality Disorder Research Foundation, New York;

2003: Research Award International Society for the Investigation and Teaching of Dialectical Behavioral Therapy, Boston;

2004: Psychotherapy Award of the German Association of Psychiatry, Psychotherapy and Neurology;

2005: Outstanding Research Award International Society for the Investigation and Teaching of Dialectical Behavioral Therapy, Washington; 2009: Hamburger Award for Personality Disorders

Ute Clement, Germany



Ute Clement accompanies multicultural teams for 25 years and consults in an international context. At Daimler AG she was Head of Leadership and Head of intercultural Management and led first globalization programs in the 1990th. Systemic approach in international consulting is her passion and expertise. She has accompanied and consulted teams in Europe, Asia, USA and the Middle East. Ute Clement is Psychologist (German Diploma) and studied Drama and Ethnology. She is certified teaching systemic consultant and supervisor (SG). Since 1995 she is Managing director of Ute Clement Consulting GmbH. Focus: Organizational consulting, Change management consulting in international companies and Coaching. She has published several publications on intercultural consulting topics.

VEIT MESSMER, DR. MED. DENT

Dentist with specialization in: Implantology, Prosthetics, Hypnotherapy

Website: www.zz-m.info



Dr. med. Dent. Veit Messmer, with medical degree in Dental Medicine from Albert Ludwigs University in Freiburg, Germany is a scientific assistant at the

Department of Prosthetics, and an assistant in dental surgery, at Freiburg University.

Licensed private practice since 1994 with specialization in Prosthetics, Implantology and Dental Hypnosis. Established Dental Clinic in 2001.

Certification in Implantology (FFZ) 2005,

Expert of the Chamber of Dentistry, Department of Prosthetic treatment (KZV Freiburg, Germany) from 2001 – 20011.

Training 2004 in dental hypnosis by the DGZH (German Society of Dental Hypnosis) in Stuttgart, Germany, successive DGZH positions including Lecturer since 2007, Editor-in-Chief of the of the Hypnosis magazine DZzH, 2010 -2012. NLP Master, DVNLP, Trainer and supervisor (DGZH) since 2011, President from 2013- 2014. Since 2012 speaker and trainer at the University of Kiel, department of Prosthetics. Trainer in the Dental Hypnosis curriculum of the ÖGZH, Vienna. Councilor in the scientific board of the SMSH since 2018.

2016 : Co-organizer of the first World Congress of hypnosis in dentistry, in Mashad, Iran

Memberships: DGZH, MEG, SMSH, ÖGZH, ESH, ISH

Teaching different topics of hypnosis in Germany, Switzerland, France, Austria, Malta, Iran, England, Turkey and South Africa

Dr Kerstin Schnurre



Dentist in private practice in Hannover, Germany, received the training as an active practitioner and teacher of dental and medical hypnosis for 20 years in the DGZH, developed a particular interest in psychological aspects of dentistry and is specialized in treatment of anxious and traumatized patients, dissertation

was on the topic „The efficacy of hypnosis in Rhinitis allergica - an explorative study“, also trained in Eye Movement Desensitization and Reprocessing (EMDR), Acupuncture and NLP (Master), Member of "Doctors without Borders" and "Dentists for Africa",

Member of the board of the Milton H. Erickson Society of Germany (MEG).

Susanne Leutner,



Dipl.-Psychologin, is founding member of EST-A Germany, trainer in Ego-State-Therapy, working in her own practice in Bonn as a psychodynamically oriented therapist for adults, children and adolescents, as well as teaching in the Ego-State-Therapy Institut Rheinland. She is a therapist in Rogerian and Systemical Therapy, PITT (Reddemann), Ego-State-Therapy, in Theory and Therapy of the Structural Dissociation Model (van der Hart, Nijenhuis et al.), and Hypnotherapy and and a specialist in Trauma Therapy (DeGPT). She is an EMDR consultant and facilitator, past Vice President of the German Board of EMDRIA and has been Board Member of EMDR Europe. She has presented at national and international conferences and lectured at various institutes on EMDR, Trauma, Hypnotherapy and Ego-State-Therapy, specializing in resource activation and the combination of Ego-State Therapy and EMDR as a means of facilitating the processing of trauma, mainly in the treatment of complex traumatized and dissociative patients



CV of Gholamreza Yeganeh

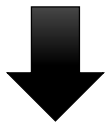
Gholamreza Yeganeh is a psychotherapist specializing in cognitive behavioral therapy and hypnotherapy for children, adolescents and adults. He works at his own practice at Neu-Isenburg/Germany and at the social pediatric centre in the children's department of the Sana Clinic in Offenbach/Germany. Gholamreza Yeganeh is vice president of the „International Association Razi for Medicine & Psychotherapy“.

Elfie Cronauer



Elfie Cronauer, Dipl.-Psych. is a founding member of Ego-State-Therapy Germany (EST-A) and trainer in Ego-State-Therapy. She is working in her own practice in Mönchengladbach as a psychodynamically oriented therapist for

adults. She is certified as Therapist in Rogerian and Clinical Hypnosis, PITT (Reddemann), Ego-State-Therapy, Focusing, in Theory and Therapy of the Structural Dissociation Model (Nijenhuis et al.), trained in energetical work. She is an EMDR consultant and certified as a specialist in Trauma Therapy (DeGPT). Elfie has presented at national and international conferences and lectures at various institutes on Ego-State-Therapy, EMDR, Trauma, and Clinical Hypnosis. Resource activation and Ego-Strengthening are the frame of her work, in which she combines Ego-State-Therapy and EMDR, to improve the treatment of physical pain or other strange bodily sensations:
Together with Susanne Leutner, she leads the Ego-State-Therapy Institute Rhineland in Bonn, Germany.



Claudia A. Reinicke, Dipl. Psych., Dresden, Germany

I'm a Behavioral Therapist and have been working for 26 years in my own practice as well with hypnotherapy and relaxation techniques as with a problem-solving approach and process- and embodiment focused psychology (PEP) both with groups and personal consultation. I combine the different methods in a humoristic and easy approach (KIKOS). As coach as well as a therapist I'm using this approach to work with the client's resources including his closer and wider environment in a systemic sense. Main themes in my work are ADHD, .Tapping with Children and development of resilience

Futhermore I'm a mother of five children and lived through some personal crisis myself, like cancer disease. For some years I've been passing on my approach .as a speaker, a lecturer as well as in several books



Inga Foucek

Dipl.Psychologin/Dipl.Pädagogin

studied MSc in Psychology and MSc Pedagogy, at J.W.Goethe University Frankfurt; she is trained in Cognitiv Behavior Therapy, Hypnotherapy MEG, Systemic Therapy Weinheim, Gestalttherapie Hartford Family Institut USA, Biodynamik Gerda Boysesen, London and EMDR; she is Trainer in Client-Centered Psychotherapy, GwG and Focusing Therapy, G.Gendlin and educated in Psychoonkology WPO.

Since 1984 she works as psychotherapist in her own practice in Berlin, Gemany. As she is trained in various methods, she combines different approaches in her work, special emphasis on hypnotherapie, focusing and visualization, particular for patienten with serious oncological desaes. In her work mindfulness based approaches play a significant role in working with various emotional disorders and the use of methapors and tales to guide patients out of problem-oriented inner states has become a key element.

Academic History

MSc in Psychology, J.W.Goethe University Frankfurt

MSc in Pedagogy, J.W.Goethe University Frankfurt

Education in Cognitive Behavioral Therapy, RET-Institut, Würzburg, DGVT Heidelberg, APV, Frankfurt

Education in Hypnotherapy, MEG, München

Education in Psychoonkology WPO
Education in Systemic Therapy, Familieninstitut Weinheim

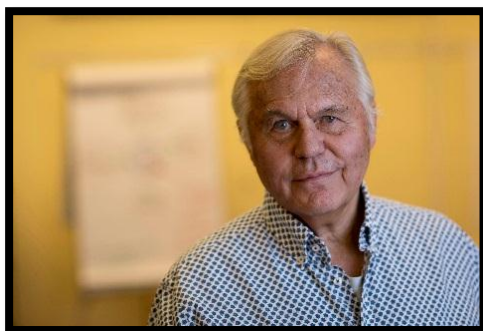
Education Psychodrama, Moreno-Institut, Überlingen; Gestalttherapie Hartford
Family Institut USA, Biodynamik Gerda Boysesen, London, Konzentrative
Bewegungstherapie Miriam Goldberg; Personal Total Pool Visualization Steve
Gallegos, USA; Schematherapie J.Young; MBST J.Kabat-Zinn; Education in
Autogenous Training, Prof. Vaitl, Gießen
Education Feldenkrais practitioner, Chava Shelhav, TelAviv, Israel

Education and Trainer in Client-Centered Psychotherapy, GwG, Köln
Education and Trainer in Focusing Therapy, Focusing-Institute, N.Y.
Education and Supervisor in EMDR, O.Schubbe, Berlin

Since 1984 psychotherapist in her own practice.

Dipl.Psychologin/Dipl.Pädagogin
Inga Foucek
Psychologische Praxis
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10115 Berlin
+49 30 440 480 66
mail@ingafoucek.de

+49 171 6460535



CV of Dr.med.M.Sc. Gunther Schmidt:

Dr. med. M.S. (economics) Gunther Schmidt, Medical doctor- specialist in
psychosomatic medicine and psychotherapy, Medical director of sysTelios-
clinic for psychosomatic health development (inpatient clinic) in 69483
Waldmichelbach-Siedelsbrunn, www.systemios.de , director of the Milton-

Erickson-Institut Heidelberg. www.meiheide.de
Life Achievement Award 2011 of the German training field www.life-achievement-award.de, carrier of the award of the Milton-Erickson-Society of German (MEG-Preis2014) <http://www.meg-hypnose.de/ueber-uns/meg-preisverleihungen.html>, carrier of the Coaching Award 2015 of the German Coaching Convention www.coaching-award.de and of the winwinno-price 2017 of the Association for mediation DACH e.V., of Germany, Austria and Switzerland www.mediation-dach.com

Founder of the hypnosystemic approach for competence-activation and solution development in therapy/ counseling/ coaching/ team-and organisational development, teaching and training expert in systemic therapy of the Helm Stierlin Institute for systemic therapy/counseling, teaching trainer and for 20 years vice-president of the German Milton-Erickson-Society for clinical hypnosis (MEG), Co-founder and Senior Coach of the German Association for Coaching (DBVC). International teaching and training activities, author of many professional publications (6 books, more than 70 articles, audio-and video-publications).

List of publications (excerpt):

Books:

Schmidt, G. (2004): *Liebesaffären zwischen Problem und Lösung-hypnosystemische Konzepte für schwierige Kontexte, Carl-Auer-Systeme-Verlag, Heidelberg*

Schmidt, G. (2005): *Einführung in die hypnosystemische Therapie und Beratung, Carl-Auer-Systeme-Verlag, Heidelberg*

Gunthard Weber, Gunther Schmidt, Fritz B. Simon

(2005): *Aufstellungsarbeit revisited- ... nach Hellinger, Carl-Auer-Systeme-Verlag, Heidelberg*

Schmidt, G., Dollinger, A., Müller-Kalthoff, B. (2009): *Gut beraten in der Krise: Konzepte und Werkzeuge für ganz alltägliche Ausnahmesituationen, Manager-Seminare-Verlag*

Bohne, M., Ohler, M., Schmidt, G., Trenkle, B. (Hrsg.) (2016): *Reden reicht nicht!?: Bifokal-multisensorische Interventionsstrategien für Therapie und Beratung, Carl-Auer-Systeme-Verlag, Heidelberg*

Klein, R., Schmidt, G. (2017): *Alkoholabhängigkeit (Störungen systemisch behandeln), Carl-Auer-Systeme-Verlag, Heidelberg*

Scientific articles:

Zur Gruppenpsychotherapie Jugendlicher mit Anwendung audiovisueller

Verfahren, Acta pädopsychiatr. 48, 323-332, 1982

Systemische Familientherapie als zirkuläre Hypnotherapie. In:Familiendynamik 10: S.242-264,1985

Familientherapie bei Patienten mit Essstörungen, insbesondere bei Anorexia Nervosa,in:Brakhoff,J.(Hrsg.):Essstörungen. Freiburg1985

Gedanken zum Erickson'schen Ansatz aus einer systemischen Perspektive. In:Peter,B.(Hrsg.)(1985): Hypnose und Psychotherapie nach Milton Erickson, Pfeiffer, München

Motivationsaufbau durch Utilisierung des Wertsystems mittels therapeutischer Double-binds. In:Hypnose und Kognition 3:S.15-21,1986

Beziehungsmuster und Glaubenssysteme bei Kindern von Suchtpatienten - eine systemische Betrachtung. In:Brakhoff,J. (Hg.): Kinder von Suchtkranken., Freiburg. (Lambertus), 25-52, 1987

Rückfälle von als suchtkrank diagnostizierten Patienten aus systemischer Sicht. In:Körkel,J.(Hg.):Der Rückfall des Suchtkranken-Flucht in die Sucht? S:173-213, 1988

Bulimie aus systemischer Sicht. In:Kämmerer,B,Klingenspor,B: Bulimie, Stuttgart, 1989

"Können wir dem System eine erfolgreiche Hypnose zumuten?", in: Kontext, Heft 17/1989

Eine systemische Untersuchung des Unbewussten.In: Hypnose und Kognition 6,1989

„Wer einigermaßen der Gleiche bleiben will, muss sich ständig verändern ...“Oder: Die Metamorphose der Heidelberger Familientherapiegruppe als Beispiel für die Entwicklung einer kooperativen Nicht-Nullsummenspiels in: Familiendynamik 16, 1991, S.145-163

Sucht-"Krankheit" und/oder Such(t)-Kompetenzen; lösungsorientierte systemische Therapiekonzepte für gleichrangig-partnerschaftliche Umgestaltung von "Sucht" in Beziehungs-u.Lebensressourcen. In: Richelshagen,K. (Hg.): Süchte und Systeme (Lambertus-Verlag),1992

Systemische und hypnotherapeutische Konzepte für die Arbeit mit psychotisch definierten Klienten. In:Peter,B.,Schmidt,G.(Hrsg.) (1992): Erickson in Europa, Carl-Auer-Systeme, Heidelberg

Systemische Supervision für Teams. In:Hahn,K.(Hrsg.) Systemische Konzepte für die Erziehungsberatung, Grünewald-Verlag, Mainz 1994

Vom sog. "Rückfall" zur Nutzung von "Ehrenrunden" als wertvoller Informationsquelle, In: Richelshagen, K.(Hrsg.) Sucht- Lösungen, Lambertus-Verlag 1996

Hypno-systemische Kompetenzentfaltung. Nutzungsmöglichkeiten der Problemkonstruktion, in: Döring- Meijr, H.(Hrsg.): Ressourcenorientierung- Lösungsorientierung, etwas mehr Spaß und Leichtigkeit in der systemischen Therapie und Beratung. Vandenhoeck u. Ruprecht, 1999

Die Utilisation von „Wahr-Gebungs-Prozessen“ aus der „inneren“ und „äußeren Welt“ von TherapeutInnen/ BeraterInnen für eine ziieldienliche Kooperation in der Therapie/Beratung, in: Familiendynamik 2/2000

Kompetente jugendliche Kunden und Familien als ko-therapeutische Helfersysteme- das Hardberg-Modell einer stationären systemisch-hypnotherapeutischen Jugendlichen-Psychosomatik. In: Rotthaus,W. (2001): Systemische Therapie mit Kindern und Jugendlichen, Carl-Auer-Systeme-Verlag, Heidelberg

Kompetenz- und Lösungs- orientierte Konzepte für Teamsysteme- Hypnosystemische Teambberatung, in: Verhaltensmedizin heute, 1999

Hypno-Systemische Teamentwicklung- auf dem Weg zum „Dreamteam“ In. Lernende Organisation- Zeitschrift für systemisches Management und Organisation, 2/2001, Wien.

Systemisch-hypnotherapeutische Konzepte für die Kooperation mit depressiv definierten Menschen und ihren Beziehungssystemen- von einer unterdrückenden zu einer sich entfaltenden Welt. In :Psychotherapie im Dialog, Zeitschr. f. Psychoanalyse, System. Therapie und Verhaltenstherapie, Nr. 4/2001, S. 418-430

Die Klinik als lernende Organisation, Zeitschrift „Systeme“ 1/2004

Systemic-hypnotherapeutic concepts for the cooperation with clients, defined as depressed, and with their relationship-systems: from depressing to unfolding worlds; Brief Strategic and Systemic Therapy European Review N. 1 – 2004

"Wie hypnotisiere ich mich erfolgreich durch den Alltag- oder: Wie man Coaching- Interventionen in seinen üblichen Arbeitsalltag integrieren kann." In. Lernende Organisation- Zeitschrift für systemisches Management und Organisation, 4/2008, Wien.

Von Zielen, die Probleme machen zu optimalem „polynesischem Segeln“: erfolgreiche hypnosystemische Zielstrategien für Coaching und Beratung. In: Faschingbauer, M.(2010): Effectuation: *Unternehmerisch denken, entscheiden und handeln*, Schäffer-Poeschel Verlag

Berater als „Realitätenkellner“ und Beratung als ko- evolutionäres Konstruktions- Ritual für ziieldienliche Netzwerk- Aktivierungen- einige hypnosystemische Implikationen. In Leeb, W., Trenkle, B., Weckenmann, M. (2011): Der Realitätenkellner- Hypnosystemische Konzepte in Therapie, Beratung und Supervision. Carl-Auer-Systeme Verlag Heidelberg

Problem-Auslöser nutzbar machen für ziieldienliche Kompetenzaktivierung, in Rauen,Ch. (2012): Coaching Tolls III, Managerseminare-Verlag.

Psychotherapie und Würde: Multiple Zwickmühlen in der therapeutischen Kooperation und ihre würdigende Nutzung und Lösung. In Lampe, A., Abilgaard, P. (2013): Mit beiden Augen sehen: Leid und Ressourcen in der Psychotherapie, Klett-Cotta

Hypnosystemische Ansätze, in: Levold, T., Wirsching, M. (2014): Systemischen Therapie und Beratung- das große Lehrbuch, Carl-Auer-Systeme Verlag Heidelberg

Hypnosystemische und hypnotherapeutische Techniken, in: Levold, T., Wirsching, M. (2014): Systemischen Therapie und Beratung- das große Lehrbuch, Carl-Auer-Systeme Verlag Heidelberg

Die Klinik als ritueller Raum der Kompetenz-Fokussierung: Stationäre hypnosystemische Traumatherapie (Teil 1-3), in: Trauma – Zeitschrift für Psychotraumatologie und ihre Anwendungen 12 Jg. (2014) Heft 1, Heft 2, Heft 4

Schmidt, G. (2016): Das Orchester der Sinne nutzen für erfolgreiche „Lösungs-Symphonien“- hypnosystemische multisensorische Strategien für kraftvolle ganzheitliche Lösungen. In: Bohne, M., Ohler, M., Schmidt, G., Trenkle, B. (Hrsg.) (2016): Reden reicht nicht- Bifokal-multisensorische Interventionsstrategien für Therapie und Beratung. Carl-Auer-Systeme, Heidelberg

Schmidt, G., Daniels-Wredenhagen, N., Pommeren-Becht, F. (2018) "Failure in Health: Burnout as an Intuitive Competence for Setting Health-Conducive Personal Boundaries, Springer Nature

Schmidt, G. (2018): Hypnotherapie mit allen Sinnen und in Bewegung- hypnosystemische multisensorische Strategien für kraftvolle ganzheitliche Lösungen- Hypnotherapie im Alltag, in Kaiser-Rekkas, A. (Hrsg.): Handbuch der Hypnotherapie, Carl-Auer-Systeme, Heidelberg

Schmidt, G. (2018): Das hypnosystemische Therapie- und Beratungsmodell, in Kaiser-Rekkas, A. (Hrsg.): Handbuch der Hypnotherapie, Carl-Auer-Systeme, Heidelberg

als Ko-Autor (Auswahl):

mit Stierlin,H.,Simon,F.B.(1986): Familiäre Wirklichkeiten. Stuttgart, Klett-Cotta

mit Simon,F.B., Weber,G., Stierlin, H., Retzer,A.,: Schizo-affektive Muster: Eine systemische Beschreibung. Familiendynamik 14: 190-213, 1989

mit Retzer,A.,Simon,F.B.,Weber,G.,Stierlin,H.,: Eine Katamnese manisch-depressiver und schizo-affektiver Psychosen nach systemischer Familientherapie. Familiendynamik 14:214-235, 1989 *mit Weber,G.,Simon,F.B.,Stierlin,H.,: Die Therapie der Familien mit manisch-depressivem Verhalten. Familiendynamik 12:139-161,1987

Peter,B.,Schmidt,G.(Hrsg.) (1992): Erickson in Europa, Carl-Auer-Systeme, Heidelberg

Herr, A., Schmidt,G., Schweitzer,J. (2012): Systemische

Gruppenpsychotherapie, in:

Gruppenpsychotherapie, Springer Verlag

In Auditorium- Netzwerk- Verlag www.auditorium-netzwerk.de and in Jokers- Verlag there are more than 100 publications of Dr.Schmidt as DVD and CD e.g. of keynotes, seminars, completet curriculain the fields of hypnotherapy, systemic therapy, coaching, team- and organisational development e.g. (excerpt):

Trance- Prozesse in Organisationen und deren zieldienliche Nutzung

Systemische Therapie als zirkuläre Hypnotherapie

Krankheit und Sucht aus Sicht der systemischen Therapie u.d. Erickson'schen Hypnotherapie

Konferenzen mit der inneren Familie und deren selbsthypnotische Wirkungen

Einführung in die Erickson´sche Hypnotherapie

Hypnosystemische Konzepte für Coaching, Team- und Organisations-Entwicklung

Hypnosystemische Konzepte für Coaching, Team- und Organisationsentwicklung

Hypnosystemische Konzepte für Psychosomatik

Hypnosystemische Konzepte für Konfliktmanagement

Hypnosystemische Konzepte für Gruppentherapie

Hypnosystemische Konzepte für Suchttherapie

Hypnosystemische Konzepte für die Therapie von Depressionen und Burnout

Hypnosystemische Konzepte für Paar- und Sexualtherapie u.v.m.

Also in Carl-Auer-Systeme-Verlag, Heidelberg there are published a great number of audio-programs relating to diverse topics,e.g. (excerpt):

Kooperative Potentialförderung mit Kindern von SuchtklientInnen

Lösungsorientierte Arbeit mit Eltern als Co-TherapeutInnen
Einführung in die Erickson'sche Hypnotherapie
Geschichten unseres Alltags
Systemische und hypnotherapeutische Konzepte für die Sexualtherapie
Lebens- und Beziehungsgestaltung im metaphorischen Raum
Partnerschaftliche und selbsthypnotische Kommunikation mit der inneren Familie
Hypno-systemische Beziehungschoreographien
Der Körper als Verkörperung hypnotischer Beziehungsgestaltung im systemischen Raum
Trance-Phänomene in größeren Organisationen

clinical hypnosis (MEG), Co-founder and Senior Coach of the German Association for Coaching (DBVC). International teaching and training activities, author of many professional publications (6 books, more than 70 articles, audio-and video-publications).



Helmut Rießbeck

Helmut Rießbeck, Dr. med. is a medical psychodynamic psychotherapist in private practice close to Nuremberg, Bavaria. After completing his degree in the field of general medicine and internal medicine, he worked in several district hospitals and as emergency doctor. Later he received education in various fields of psychodynamic psychotherapy in Germany predominantly in

Katathymic Imaginative Psychotherapy (KIP) and group psychotherapy. He focused on trauma therapy scientifically working on the use of different forms of imaginations in trauma therapy.

Dr. Rießbeck is member of the „Deutschsprachige Gesellschaft für Psychotraumatologie (DeGPT)“, and regularly lectures in organisations for postgraduate training of medical doctors in psychotherapy. As one of the trainers of the German Ego State Working Group he lectures theory and practice of Ego state therapy in Germany. He also is supervisor in psychodynamic therapy. His special interest in this field is the application of Ego State concepts for complex traumatized clients, structured group therapy and psychodynamic aspects of various forms of parts therapy. He is also trained in the models of structural dissociation of the personality (van der Hart, Nijenhuis). He is head of the Traumahilfezentrum Nürnberg, which he founded in 2014.



Dr. Kristina Fuhr, Tuebingen, Germany

Kristina Fuhr is a psychologist and psychotherapist specialized in CBT and clinical hypnosis. She is currently employed at the Department of Psychiatry and Psychotherapy of the University Hospital and the Department of Psychology and Psychotherapy at the University of Tuebingen. Her work focuses on research projects concerning the efficacy of hypnosis in psychological disorders and teaching bachelor and master students in clinical psychology.

The main project in the last years was the coordination of the study “Efficacy of hypnotherapy compared to cognitive behavioural therapy for mild to moderate depression”, a monocentric two-armed randomized-controlled rater-blind

clinical trial that was conducted between 2014-2018 in Tuebingen, funded by the Milton Erickson Society Germany.



Dr. med. Dipl.-Biol. Andreas Reimers

Consultant neurologist, Consultant psychiatrist, Consultant psychotherapist

Member of the Milton-Erickson Society (MEG) Germany

He studied biology at the University of Giessen, Germany, doing research on the structure of the cell nucleus.

His doctoral thesis he wrote on altered states of consciousness in different spiritual traditions.

After his medical studies he worked as a resident in the Clinic of Psychiatry and Neurology at the University of Tübingen, Germany, and in other psychiatric and psychosomatic clinics.

For several years he was leading the project „Disease and Healing in Cultural Context“ at the University of Münster, Germany.

Since 1993 he is working in his own practice as neurologist, psychiatrist and psychotherapist.

Training in Psychodynamic Psychotherapy, Hypnotherapy, Ego-State Therapy, Energy Therapy, NLP, PITT (Reddemann), EMDR and Mindfulness.

He gives workshops and lectures at national and international conferences and published several articles on altered states of consciousness, traditional healing methods and spirituality. He is also teaching Yoga as part of a prevention program of the health insurances.



Brigitte Hüllemann MD, special training: Internal Medicine, Psychosomatic and Psychotherapeutic Medicine, Social Medicine, Sportsmedicine. Project manager of a WHO pilot project “Health Promoting Hospitals”- Comprehensive Rehabilitation of Cancer Patients – patient centered project from 1991 to 2002. Lecturer and Trainer of the Bavarian Ärztekammer for training physicians in chronic diseases. Former Senior Physician at St. Irmingard Hospital in Prien, Germany, specialized in Oncology, Psycho-Oncology and Trauma-Therapy. Several scientific national and international publications. Author of “Einführung in die Traumatherapie” (Introduction into Trauma-Therapy), published by Carl-Auer, Heidelberg 2019. Workshops at national and international congresses. Nowadays working in private practice in Bergen, Germany.