

- **Ali Eshref**
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**Oğuzhan Gündüz**

**Turkey**



He is a Hypnotherapy Trainer at Bağcılar Research Hospital Complementary and Traditional Medicine Center in Turkey who has passed: Hypnotherapy Course, Hypnotherapy Course, Sexual Therapy Course, Individual Therapy Course, and Marital Therapy Course. Besides He is interested in:

Hypno-psychotherapy in male and female sexual disorders

Hypnotherapy in Enuresis Nocturna

Hypno-psychotherapy in Ibs

Hypnotherapy in Urinary incontinence

In addition, individual psychotherapy and couple therapy

**Inci Cavusoglu, Obs&Gyn MD,GETIPMER , UskudarUniversity, TURKEY**



She is graduated from Hacettepe University, Faculty of Medicine (English) in Ankara , Turkey ,as an obsteteician & gynechologist .She studied and is certified in Hypnosis in Medipol University and now a member of Uskudar University's Department of Traditional Complementary Medicine and Clinical Hypnosis. She had also got Integrative Psychotherapy Training from Turkish Institute of Psychotherapy. Energy Therapies are also her point of interest. She's going on her carrier in her private office as an obstetrician and gynechologist and she's using all these techniques in her prenatal classes in order to prepare mother candidates for their birthing experience and to enhance their motherhood behaviour. Prenatal psychology & feto-maternal attachment and further vaginismus are her additional interests . She is a member of Turkish Hypnosis Association

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**Murat Uslu**

**Adana, Turkey**



Murat Uslu qualified at Hacettepe University, Faculty of Dentistry in 1987 and has worked in his own private dental clinic in Adana/Turkey.

He has a special interest in the treatment of anxious patients, gagging reflex and bruxism using hypnosis since 2003

He has attended several ESH Congresses and ISH Congresses.

Since 2004 Teaching Hypnosis

Since 2003 member of Medical Hypnosis Association in Turkey

Since 2008 individual member of ISH

## **Murat Ulusoy**



He finished the Faculty of Medicine of Trakya University. Hypnosis has always been the focus of attention since the student years. Turkey also took part in the establishment of a multi-Hypnosis Association. Presented at national and international congresses. He worked as an instructor in Hypnosis Courses at the university. He completed Psychotherapy Training at the Institute of Psychotherapy. Developed a treatment technique for vaginismus treatment with the hypnosis-based Induction Technique. He published a book called Hypnosis in Vajinismus Therapy and made a translation of the book Oxford Hypnosis into Turkish. Between 2005 and 2006, 146 Vaginismus patients under the Social Responsibility Project undertook the treatment free of charge. He also conducts Hypnomeditation Studies on the Inner Healer in the human mind. He is currently the Director of Üsküdar University's Department of Traditional Complementary Medicine and Clinical Hypnosis. one committed to the treatment in Hypnosis and Turkey is known as vaginismus.

## Prof.Dr.Dilek Özcengiz MD, MA, PhD

Cukurova University, Medical Faculty, Anesthesiology and ReanimationDept.



She graduated from Ankara University Faculty of Medicine in 1985. She became a Medical Specialist of Anaesthesiology and Reanimation in 1991, an Associate Professor at 1996, and Professor at 2005.

She participated in Pediatric Anaesthesia and Adult Cardiac Anaesthesia studies at Great Ormond Street Children's Hospital and St. Thomas Hospital.

Her specialties are Pediatric Anaesthesia and Intensive Care.

She has Masters and Doctorate Degree at Psychological Counseling and Guidance. Besides her duties as a Professor at University of Cukurova, I wore two hats as Board Member of Turkish Anaesthesiology and Reanimation Society and as an International Representative of European Society of Pediatric Anesthesia between the years of 2006 and 2015.

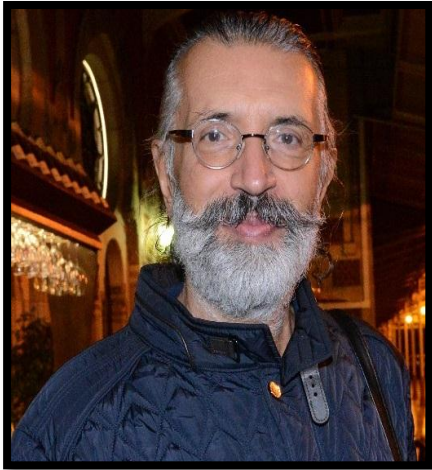
She worked as The Principle of Çukurova University Vocational School of Higher Education of Health Service and then as the Dean of Faculty of Medicine of Çukurova University.

She gave lessons as Visiting Professor at Kazakhstan Nazarbayev National University and Ukraine Kharkiv Medical University. She resumes her career at University of Çukurova as Department Head of Intensive Care at Faculty of Medicine.

And she is a Bachelor's Degree student at Ankara University Faculty of Law and Master's Degree student at Institute of Forensic Sciences.

She has 15 books printed, many chapters written by herself at many national and international books, 130 national and international articles published.

She is married with two childrens.



### **Ali Özden Öztürk, MD. (Turkiye)**

He is graduated from Istanbul University School of Medicine in 1980. He is the founder member and the current President of **Society of Medical Hypnosis (THD)**, Turkiye; fiscal controller and former BOD member of **European Society of Hypnosis (ESH)**; holder of **European Certificate of Hypnosis (ECH)**; member of **ESH**; and member of **International Society of Hypnosis (ISH)**. He is also a member of **World Association for Positive Psychotherapy (WAPP)**; **Acupuncture Society, Istanbul**; and **Istanbul Acupuncture and Integrative Medicine Society**.

As a certified hypnotherapist, hypnosis trainer and supervisor, certified acupuncturist, positive psychotherapist and family consultant, he makes interdisciplinary studies to elaborate, understand and improve the mechanism of hypnosis better. He makes researches regarding the relationship between Awareness Under Conscious Hypnosis (AUCH<sup>®</sup>) Method and Acupuncture. He also elaborates the complementary and integrative use of AUCH<sup>®</sup> Method and Positive Psychotherapy.

Besides his studies in numerous universities, he has had his private practice with applications of AUCH<sup>®</sup> Method for pain management, surgery and obstetrics, hypnoanesthesia, psychosomatic medicine, positive psychotherapy, family therapy, hypnoacupuncture and so on.

## **Şeyda Efsun Özgünay, M.D.**



She is graduated from Ankara University, Faculty of Medicine in Ankara, Turkey ,as an anesthesiologist & intensivist. She studied and is certified in Hypnosis in Uskudar University, Yildirim Beyazıt University, and now a member of Uskudar University's Department of Traditional Complementary Medicine and Clinical Hypnosis. She was also trained in acupuncture certification from Ankara Gazi University. She works as an anesthesiologist and intensive care specialist in University of Health Sciences Bursa Yuksek Ihtisas training and Research Hospital. She is interested in the use of hypnosis in pain, surgical bleeding, allergies and intensive care.

### Tasks Performed on Projects:

1. January 2016- As a researcher in the project called "Concentric sepsis point prevalence study" supported by Kocaeli University Scientific Research Coordinator.
2. Referee in The European Research Journal (EuRJ).
3. 2017-19 Member of the supervision board of the Bursa Anesthesia and Reanimation Society.
4. Bursa Yuksek Ihtisas Training and Research Hospital, sepsis awareness, diagnosis, treatment trainers, 2017 (September 13) Sepsis trainer.

### Memberships in Scientific Organizations:

European Society of Anaesthesiology (2016-2018)

Turkish Anesthesia and Reanimation Association

Ankara Acupuncture and Complementary Medical Association

Union of Turkish Nations



## **GULER Nazmine**

Emergency doktor and practitioner in hypnosis and brief therapies for 13 years

Physician attached to the pain service

Expert and member of the French Society of Emergency Medicine

Member of the Turkish Society of Emergency Medecine

Trainer at the Uthyl Institute and the CHTIP Institute in France

Workshop animation "hypnosis in the emergency room" at several congresses in France, Tunisia, Turkey, England ,Canada and now in Iran

Graduate of the Faculty of Medicine of Nancy France