

Mehdi Fathi, Med.

Mashhad University of Medical Sciences, Iran



AFFILIATIONS AND MEMBERSHIPS

ISSCH (Iranian Scientific Society of Clinical Hypnosis) Board member since 2000

Mashhad University of Medical Sciences

Faculty member since 2010

ISSCH branch in Khorasan province

Head of the branch since

2001

Iran University of Medical Science

faculty member 2008- 2010

Mashhad University of Medical Sciences

Director of Training cardiac

anesthesia fellowship since 2009

He is the most prominent and well- known researcher in the field of Hypnotherapy and hypnosis in Iran. Beside being graduated in anesthesiology and cardiac anesthesia as subspecialty, he has been trained in heart transplantation anesthesia in Paris (2009) and became a faculty member of Iran University of Medical Sciences (Tehran) at the same time. He is an associate professor of cardiac anesthesia in Mashhad University of Medical Sciences and the director of Training program of cardiac anesthesia fellowship there.

He is one of the first trainers in Iranian Scientific Society of Clinical Hypnosis (ISSCH) who has nearly 30 years of experience in the field. He has been a board member of ISSCH for 18 years and has the most important role in the enhancement of clinical hypnosis as a science in Iran. Dr. Fathi has organized four international congresses on hypnosis in Iran (2012,2013 , 2015 and 2016) while he was the scientific secretary and main organizer of them. He is also the scientific secretary and main organizer of the first world congress on hypnodontics (September 2016) and international congress on Mental training (2017).

He is the main organizer of the first Asian hypnosis congress on October 2019. He has organized more than 200 hypnosis conferences around Iran universities and presented many articles in national and international conferences. He has been the supervisor or advisor of more than 50 Master's thesis to post-doctoral dissertations based on the integration of hypnosis with psychology, medicine and anesthesia in Iran. Dr. Mehdi Fathi has published many articles in international journals (ISI and PubMed indexed) and he has written 65 book titles about hypnosis and health care. He is the chief of the only branch of ISSCH in Khorasan province in Mashhad and a pioneer in using hypnosis for painless childbirth in Iran.



Enayatollah Shahidi, MD, born in 1967, is a Medical Doctor and Clinical Psychologist residing in Tehran-Iran. He is a well-recognized author, translator, lecturer, researcher, and therapist in the fields of hypnotherapy and CBT.

He has been practicing hypnotherapy since 1994 and teaching clinical hypnosis to the professionals since 2001.

BOD member and co-chair of Education and Training Committee of the International Society of Hypnosis (ISH) since 2015.

BOD member, treasurer, and chair of International Affairs Committee of the Iranian Scientific Society of Clinical Hypnosis (ISSCH) since 2010.

Faculty member of the most important international congresses on hypnosis since 2012.

Contact Details:

Enayatollah Shahidi, MD,

Iranian Scientific Society of Clinical Hypnosis (ISSCH)

www.shahidimd.com

**Ali Sharifi, M.D, Specialist in psychiatry****Educational background:**

1994 Doctor of Medicine, Kermanshah Medical Sciences University

General Medicine Thesis: Electroconvulsive therapy (ECT) in chronic schizophrenia

Specialty Thesis: Pharmacotherapy of Mental Disorders

Specialist in psychiatry 1998 Shahid Beheshti University of Medical Sciences

Fields of expertise:

- Clinical Hypnosis
- Psychiatry

Research Activities:

- Project Consultant of BioMedical Engineering Dotorate: Evaluation of consciousness fluctuations during hypnosis using brain signals (Tehran Amirkabir University of Technology and Scientific Society of Clinical Hypnosis -2003) (Ali Motie Nasrabadi PhD)

- Project Consultant of Master in Biomedical Engineering: "Analysis of EEG signals using higher order spectra to study hypnosis" (Vahid Abootalebi PhD)1999 Sharif University of Technology
- Project Consultant of Master in Biomedical Engineering: Assessing the EEG under hypnosis (Soroor Behbahani) Azad University of Tehran -2010
- Translation Editor: Handbook of Hypnotic Suggestions and Metaphors: Corydon Hammond (Tehran 2003 RCISP publication)
- Pharmacotherapy of Mental Disorders (Co-writing with Mostafa Hamdieh M.D- Tehran Toorang -1999)

Practical experience:

- Member, Board Secretary and President of the Iranian Scientific Society of Clinical Hypnosis (from 1999 till now)
- Teacher –Clinical Hypnosis Lecturer (from 1997 till now)
- Advanced Researcher at RCISP (Research Center of Intelligent Signal Processing (from 2000 till now)

Research areas of interest:

- Clinical applications of hypnosis
- Diagnostic applications of vital sign.
- Credibility Assessment (and Lie Detection)

Title of presentation: **mind – body relationship**